



## Salads

8,5

### GRANDMA REMIX

Enhanced classic

- currently the most interesting salad
- cabbage
- red kidney beans
- apples
- pea shoots
- roasted pumpkin seeds
- dressing: balsamic and pumpkin oil

### CAESAR SALAD

An awesome creamy acquaintance

- market gentile
- kale
- croutons
- parmesan
- dressing: caesar's

### VERDE, FULL STOP

Healthy vegan

- kale
- baby spinach
- avocado
- warm lentils
- sweet and sour cucumbers
- fresh coriander
- spicy sunflower seeds
- dressing: sesame and ginger

### MARKET DIRECT

Fresh seasonal symphony

- currently the most interesting salad
- seasonal veg. marinated in olive oil and lemon juice
- toasted bacon or tofu
- walnuts
- dressing: honey and mustard

### THOUSAND AND ONE NIGHTS

Oriental mix

- crunchy gentile
- warm chickpeas
- sweet and sour cucumbers
- roast cauliflower
- feta
- fresh mint and parsley
- pomegranate
- spicy sunflower seeds
- dressing: tahini and yoghurt

### TURBO KALE

Super healthy acceleration

- kale
- warm brown rice
- grilled seasonal veggies with miso
- apple
- roasted almonds
- dressing: honey and mustard

### Energy boosters

+ 3

- grilled chicken
- grilled salmon
- toasted bacon

- crunchy tofu
- egg (2 pcs)

- avocado
- grilled veggies with miso

## Bowls

9,2

### TENDER SUMO

A date with Japan

- warm brown rice
- grilled salmon (or maybe you prefer tofu?)
- avocado
- edamame
- nori algae
- sesame
- dressing: sesame and ginger

### QUINOA DELUXE

The healthy option

- warm quinoa and chickpeas
- grilled veggies with miso
- avocado
- feta
- roasted almonds
- dressing: lemon and olive oil

### MAD MEX

A fiery exotic mix

- warm brown rice
- warm chicken
- avocado
- red kidney beans
- cherry tomatoes
- coriander
- homemade tortilla chips
- a squeeze of lime
- dressing: yoghurt and herbs

## Prefer to mix your own? Why not!

9,2

### 1. Choose two BASICS

- baby spinach
- gentile lettuce

- kale
- seasonal market greens

- cabbage
- warm brown rice
- warm quinoa

### 2. Add three EXTRAS

- red kidney beans
- apples
- pea shoots
- baby tomatoes
- parmesan

- sweet and sour cucumbers
- warm chickpeas
- warm green lentils
- fresh coriander

- fresh mint
- roast cauliflower
- feta
- edamame

### 3. Make sure IT'S CRUNCHY

- roasted almonds
- spicy sunflower seeds
- walnuts

- toasted pumpkin seeds
- black and white sesame
- nori algae

- croutons
- homemade tortilla chips

### 4. Round it off with a DRESSING

- lemon and olive oil
- balsamic and pumpkin oil

- yoghurt and herbs
- honey and mustard

- caesar's dressing
- tahini and yoghurt
- sesame and ginger

### 5. Make your day with ENERGY BOOSTERS

+ 3

- grilled chicken
- grilled salmon
- toasted bacon

- crunchy tofu
- egg (2 pcs)

- avocado
- grilled veggies with miso

## A cup of broth

3,8

CHICKEN Ultra-healthy classic grandma style / VEGETABLE WITH ALGAE Hearty vegan with an Asian twist

### A different dimension of soup

+ 1

- ginger paste and lemon

- roasted garlic and rosemary oil

Prices are in EUR and include VAT.

## For a happy ending

Don't forget your free slice of sourdough bread or a squeeze of lemon (maybe lime?) and a dash of spicy sauce.

## The small print

The salad comes from the farmers market salad vendors. Don't worry, the greens were grown on a nearby patch.

There has been a lot of thought put into our recipes. We mixed, matched and tossed salads for six months, so there's nothing but the best here.

The packaging is environmentally friendly.

We are making an effort, so our packaging and cutlery are mostly biodegradable.

We are a cashless business. Pay with cards - simple, quick and more elegant.

Jump the queue, order at bife.si Choose your dish, pay, then just pick up your order.

Water is at arm's length.

Glasses and water bottles are at the counter, please help yourself.

A hint for careful eaters and those of you unfortunate to suffer from allergies.

We get you - please ask or check at the counter.